



FLWEMS Paramedics Adult Protocol for the Management of:
HYPOTHERMIA

Indications

To outline the paramedic care and management of any patient with suspected hypothermia. Which is defined as a core temperature < 32 degrees C (89.6°F).

Procedure

1. Secure an airway as outlined in FLWEMS Paramedics Adult Protocol for the Management of Airway & Ventilation and administer supplemental **Oxygen** as needed. Intubation attempts should be performed as gently as possible.
2. Perform CPR on pulseless patients.
3. Establish IV of warm **0.9% NaCL** at the appropriate rate for the patient condition.
4. Remove wet clothing.
5. Establish temperature per rectal probe.
6. Monitor cardiac activity.
7. Obtain 12 ECG.
8. Defibrillate Ventricular Fibrillation/Pulseless Ventricular Tachycardia as follows:
 - a. If temperature < 30°C/86.0°F use 200J-300J up to a maximum of three (3) shocks only.
 - b. If temp > 30° C, defibrillate as normal.
- NOTE:** Withhold ACLS medications until temperature >30degrees C.
9. Apply warm blankets.
10. Minimize extraneous stimuli and movement of patient.
11. Consider contributing factors such as trauma or alcohol/drug ingestion.
12. Follow standards as set forth in the American Heart Association© ACLS algorithm for "*Hypothermia*".
13. Transport to appropriate Emergency Department.
14. Contact medical control for orders as needed.

CAIRA/Chemical Surety Considerations

None

Triage Considerations

Refer to S.T.A.R.T. Triage Protocol

END OF SOP – NOTHING FOLLOWS